

finalthoughts...

Easter Series



For many of us, Easter was a celebration of mixed messages about suffering, resurrection and our need for redemption. Join us this month to separate the teachings *of* Jesus from the teachings *about* Jesus, and discover what is alive within us to forgive, accept or renew.

Sundays In April...Spiritual Life In Our Modern World

Easter Series

Sunday, March 10
9AM & 10:30AM

Meeting Jesus Again for the 1st Time

Sunday, March 17
9AM & 10:30AM

Jesus=An Example or the Exception?

Sunday, March 24
9AM & 10:45AM

The Legacy of Jesus

Friday, March 29: 7PM
Good Friday Service

Sunday, March 31
6:45AM, 9AM & 10:45AM

Where From Here?

Easter Garden Service at 6:45AM

unity
of Mesa

2700 E. Southern Ave, Mesa AZ 85204

Contact us at 480-892-2700

www.unityofmesa.org

Office Hours:

Monday
Office Closed
Tuesday
10AM-4:30PM
Wednesday
Noon-7PM
Thursday
10AM-4:30PM
Friday
10AM-1PM



APRIL'S HAPPENINGS >>>

Artists' Way w/Rev. Shari Franklin,
Mondays 12PM & 7PM 4/1-5/20

Overview of Energy Work
4/2 at 7PM & 4/3 at 10AM

Power of Now w/Rev. Judy,
Sundays 9:30AM 4/7-5/5

Path with Heart: Perils & Promise of Spiritual Life, w/Rev. Mark,
Tuesdays 7PM 4/16-5/14

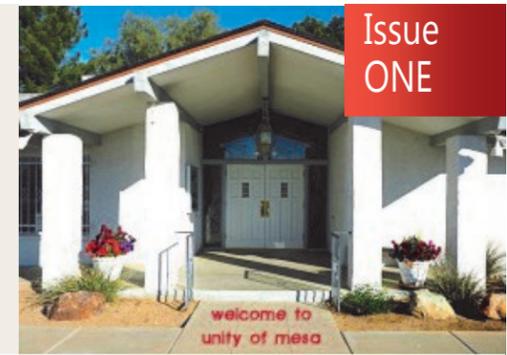
in this issue >>> March 2013

NEW SERVICE TIMES!

9:00AM & 10:45AM

*beginning March 24

A bi-monthly insight of Unity of Mesa's happenings



Issue
ONE

unity
of Mesa

A Positive Path
for Spiritual Living

A Community of Love That Welcomes You!

Unity of Mesa is an inclusive spiritual community that uses prayer, education, & pastoral support to help people of all faiths apply spiritual principles in their everyday lives. Our purpose is:

- To Support all people, honoring and celebrating differences in a joy-filled, unconditionally accepting environment in which we all join together as a loving family.
- To Teach the idea that God indwells in everyone and everything as absolute good and that we transform our lives through our thoughts, feelings, actions & prayers.
- To Empower people to use universal Christ teachings to create lives of spiritual meaning and transformation.

"Coming Home" to Unity of Mesa

Rev. Mark Fisk and Rev. Judy Hildebrand are serving as Acting Senior Minister and Acting Pastoral Minister to prepare and guide Unity of Mesa through the next phase of ministry starting to emerge.

Revisiting old beliefs and questions about Jesus and "church" have been important steps on their paths into ministry. Take part in services and classes to get to know them & "Meet Jesus Again for the First Time" (based on the book by Marcus Borg).

Introducing Mark Fisk

After I left a Methodist church 35 years ago, I assumed I was done with churches. As my spiritual yearnings led me through a tour of Eastern and Western religious traditions, I walked into Unity of Mesa in the late 1980's. Like many other spiritual-but-not-religious seekers who've come through these doors, my heart opened and I felt "at home." I could honor both my Christian roots and my expansive wings. I threw myself into spiritual education and became a full-time volunteer for 3 years. When I left in 1995 for a staff role at Unity of Phoenix, I never envisioned going down the minister path, let alone coming back to step in after Joel. And somehow here I am, looking forward to sharing my evolving view of Jesus and Easter. Thank you for letting me join this journey with you. I wonder how many more 'nevers' I get to undo?

Mark has spent the past 18 years as a Youth Pastor and Church Consultant, offering retreats, trainings and education programs throughout the SW Unity Region. Mark left a career on Wall Street to backpack around the world and focus on spiritual education and writing. He lives in Phoenix with his wife Ronda, an attorney, and 3-year-old daughter Alisa. His mom Shirley also lives in the area.

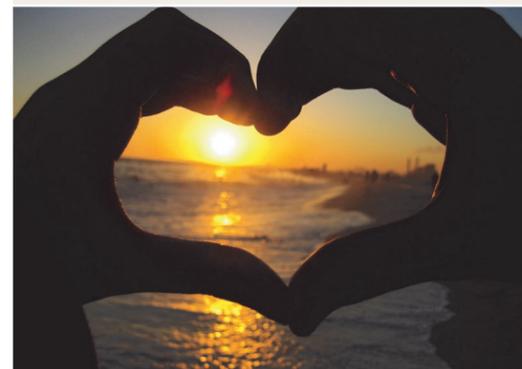
Introducing Judy Hildebrand

During my early childhood my family quit going to church and took up weekend fishing instead. I did not search for a church experience until my children reached an age where I thought as a good parent I should offer them some religious training. That lasted less than 6 months as we tried out various

churches and none felt right. In 2001 friends insisted that I attend church with them and I visited Unity Temple on the Plaza in Kansas City. Like many of you, I felt as if I had come home. The following summer I found myself moving to Phoenix and exploring Unity Churches in the Valley. I settled in as an occasional attendee at Unity of Mesa and Unity of Phoenix. About a year later I moved to Unity of Divine

Love (now Unity of Chandler). After about 4 years of sporadic attendance on Sundays and several Women's ministries events, I experienced several transformational spiritual experiences and found myself on a path to ministry. I was blessed with the opportunity to do an internship at Unity of Mesa during the summer of 2011. I am grateful to be in this loving community, serving in a position that was never in my wildest dreams as I journeyed through life. I too wonder how many more 'nevers' I will get to undo.

The spiritual path calls each of us to revisit our beliefs & understandings, to shift from faith in Jesus to the faith of Jesus and other spiritual masters.



Judy's Joyful Noise

Wednesday Night Healing & Prayer 7PM

Our Wednesday night service is an opportunity to pause mid-week and experience a time of communion with the Divine. It is a meditative service with gentle music, short lessons, and time for with gentle music, short lessons, and time for meditation. Each week includes a burning bowl experience with opportunity to set an intention towards the creation of the life your soul is yearning for. Give yourself a gift of a mid-week pause from busyness to feed your spiritual body.



Judy spent her adult years as a school teacher, working as a special education teacher for the last 18 years. During seminary she worked at Silent Unity for a year and spent 2 years as a Regional Consultant for Unity's High School programs. She lives in Gilbert with her husband Scott. She has 3 children spread across the country with 3 wonderful grandchildren.



Upcoming Topics!

- March 6-What's My Lens
- March 13-Free To Choose
- March 20-Out of Chaos with Arvel Bird
- March 27-Alive, Alert, Awake with Jeanne & Barb
- April 3-Life

Workshops & Classes

Unity of Mesa is blossoming as a Spiritual Education Center. How is Spirit calling you to step into a fuller experience of your Divinity?



Discussion Circle:

Re-thinking Jesus (after services)

With Rev. Mark
Sundays / March 17 & 24
12-1:15PM—CF

Spiritual Practices

With Rev. Judy (Core Unity Class)
March 20/21—April 17/18
Wednesdays 12-1:30PM
Thursdays 7-8:30PM
Learn the benefits and paths of different spiritual practices and how to overcome resistance to them. **(eligible for SEE credit)**
suggested love offering \$10-\$15

Divine Healing Class

With Debbi Brown INTA Minister
Wednesdays / March 13—April 17
7-9PM \$30/class \$150/series
Develop your own personal gifts & style of spiritual healing, to hold the space of miracles for yourself & others.

Healing Grief: in a Healthy Manner

With Rev. Judy
Tuesdays / March 12-April 19
7PM *love offering*
Grief can be a healing process. This group will use materials by Alan Wolfelt, PHD to better understand and move through grief. First 2 weeks are open for anyone to attend, then we will meet as a closed group for the following 3 weeks.

Essential Spiritual Parenting (E.S.P.)

With Lisa Smith author of "Monster Proof Your Child"
Saturday, March 16 / 9-11:30AM

Nurturing your child's essence ; the spiritual being that they ARE.
Parenting tips based on child/adolescent development, the "Triune" brain, the basics of human behavior and Unity Principles *suggested love offering \$15-\$20*

FOLLOW-UP:

Conscious Parenting Discussion Group; using "How To Monster Proof Your Child"
facilitated by Moriah Salzman & Rev. Judy
April 14, 28, May 5, 19 from 12:30-1:30PM

You Have Been Here Before

With Ann Palmer
Monday / March 11—April 8
7:00-8:30PM—Annex
This class will delve into concepts about reincarnation and genetic memory, including Charles Fillmore writings.
Suggested love offering: \$15 / class

The Success Principles

With Eagle Spirit
Tuesdays / March 19-May 14
6-8PM *love offering*
This is a 9 week series exploring 64 principles, from the book "The Success Principles" by Jack Canfield.

Meditation For Inner Peace

with Michelle Gauthier,
Clear Light Buddhist Center
Thursdays (no class on 4/4, 4/25)
6:30-8:PM-Annex FR
Fee: \$10/pp; \$5 students & unemployed
Each week learn a different meditation from 'The New Meditation Handbook' by Geshe Kelsang Gyatso.

On & Off the Chair Yoga

with Carol Meyerowitz
Saturdays January 26-March 16
March 30-May 11
10:30AM-12PM—Annex FR
Suggested love offering: \$10 /class



Bookstore Brilliance!



Hi, I am Nicole Staal the new Bookstore manager. This past month has been a huge learning experience. I am dedicated to bringing you new experience though books and items offered. In case you didn't know, we take special orders. We carry all the books to the classes we offer.

More Classes

Adult Sunday School

With Rev. Judy—CF
Birthing A Greater Reality
Sunday, March 3-24 9:30-10:20AM
Birthing a Greater Reality: Join Rev. Judy in exploring the age old questions of "Why am I here?" and "Who am I?" as you create a blueprint of what is yours to do in this lifetime. We will delve into our true self, embracing wholeness, and waking up through the lens of spiral dynamics and integral consciousness. We will be using the book *Birthing a Greater Reality: A Guide for Conscious Evolution.* *love offering*

Women's Book Study

with Rev. Judy *love offering*
Thursdays / 12-1:30PM
March 21- May 23
Bring your lunch and join a journey form Christian Tradition to the Sacred Feminine, as we explore: "Life Is Short, Wear Your Party Pants."

Course In Miracles

Lonnie Fredrick & Alison Wilson
Fridays / 7:00-9:00PM—Annex FMR
Meets weekly to study the Course In Miracles as a journey in spiritual transformation. *love offering*

Youth & Family >>>

Youth Ministry It's About More Than The Kids!

Our Youth and Family Ministry continues to thrive and grow. We have an amazing volunteer team of parents and congregants who are dedicated to the spiritual growth of our children as well as themselves. Volunteering in Youth and Family ministry gives Unity adults an opportunity to share their spiritual wisdom and gifts with the children, teens and other adults. It also gives them an opportunity to really practice Unity and other spiritual principles. Parents and congregants volunteering in youth ministry talk about receiving a clearer understanding of spiritual concepts, creating deeper connections and friendships, finding joy in classroom activities and discussions, and feeling that they are making a really difference in the world. If you have ever considered working in our Youth and Family Ministry, now is the time to step forward. We are beginning teacher and sponsor recruiting for summer and fall positions.

If you aren't sure about teaching, we are also looking for Sunday morning greeters, Sunday set-up and clean-up team members, weekday task support, and fundraising planners. Please contact Moriah at unikids@cox.net or at the church at 480-892-2700 and say YES to our youth and to yourself.

Upcoming Activities:

YOU Spring Rally: Apr. 5-7

volunteers needed to: serve meals, set-up, clean-up & host attendees overnight



Experience the Power of the "I Am" Nature Within You

Monday, March 25 at 7PM

Through this introductory lecture, Master Stephen Co will help you personally access the tremendous love, light and power of the "I Am" nature (Higher Soul) within you. Master Stephen Co is a senior disciple and personal student of Grandmaster Choa Kok Sui, the founder of PRANIC HEALING®.
Suggested Love Offering \$10

Overview of Energy Work

April 2 at 7PM / April 3 at 10AM with founders of Intl Holistic Providers Assoc.
Suggested Love Offering \$15-\$20