UNITY S.E.E. in the Field

February 24 - March 1, 2019 in Mesa, Arizona

Enjoy a week of Unity Teachings mid-winter in sunny Arizona! Dive into a pool of learning for your spirit, mind, and body as you explore Unity beliefs, teachings, and practices with instructors from Unity Worldwide Spiritual Institute and Unity Churches in the Valley. Eligible for SEE credit.

Courses to choose from

Sun-Thurs, 6:45-8:35pm: Discerning Your Purpose - Rev. Charli Tupper (Ordained Unity Minister)

Mon-Fri, 10-11:50am: Meditation Practices - Rev. Robert Brumet (Author of Finding Yourself in Transition)

Mon-Fri, 1:15-3:05pm: Self-Awareness - Rev. Robert Brumet (Author of Finding Yourself in Transition)

Mon-Fri, 1:15-3:05pm: Overview of the Hebrew Scriptures - Rev. Kim O'Connor (adjunct minister

Unity of Phoenix)

Mon-Fri, 3:15-5:05pm: Bible Interp: Acts to Revelation - Rev. Charli Tupper (Ordained Unity Minister)

REGISTRATION

Contact moriah@unityofmesa.org or mail registration to Unity of Mesa, ATTN: SEE in the Field, 2700 E. Southern Ave, Mesa, AZ 85204

Each class limited to 20-25 students. A minimum of 3 registrations is required by January 27 or class will be cancelled.

(Add'l \$45 Recording Fee for SEE course credit payable through Unity Worldwide Spiritual Institute.)

Regular rate for courses: \$95 per course

(Credit fees not included. Credit fees must be <u>paid directly to UWSI</u>.)

Early Bird Rate:

\$75 per course by Feb 3!

(Credit fees not included. Credit fees must be <u>paid directly to UWSI</u>.)

\$5/class extra if pay by credit card. Course fees (less credit card fees) refundable if cancel by Feb 17. If cancel after Feb 17, course fees refundable less \$100 administrative fee (& credit card fees).

Course fees non-refundable after start of classes.



registration

Mail this form w/check payable to: UNITY OF MESA • Attn SEE in the field 2700 E. SOUTHERN AVE • MESA, AZ •85204

| NAME: | | UNITY CHURCH: |
|---------------------------|--------|---------------|
| ADDRESS: | | |
| PHONE: | EMAIL: | |
| EMERGENCY CONTACT: | | |
| SPECIAL NOTES OR REQUEST: | | |

COURSE SELECTIONS

All courses 10 credits (with add | SEE recording fee paid directly to UWSI). 4 course maximum. Questions? Contact Moriah Salzman 480.892.2700 or email: moriah@unityofmesa.org

SUNDAY THRU THURSDAY evening

| Check if Selecting | For Credit? (pay online) | | MEETING TIME | COURSE |
|-----------------------|-----------------------------|----|--------------|---|
| | Yes | No | 6:45-8:35PM | Discerning Your Purpose (SPD 120) with Rev. Charli Tupper |

MONDAY THRU FRIDAY daytime

| Check if Selecting | For Credit? (pay online) | | MEETING TIME | COURSE | |
|-----------------------|--|----|---------------|--|--|
| | Yes No | | 10:00-11:50AM | Meditation Practices (SPD 105) with Rev. Robert Brumet | |
| | Yes No 1:15-3:05PM Self-Awareness (SPD 1 | | 1:15-3:05PM | Self-Awareness (SPD 110) with Rev. Robert Brumet | |
| | Yes | No | 1:15-3:05PM | Overview of Hebrew Scriptures (SCS 100) w/ Rev. Kim O'Conner | |
| | Yes | No | 3:15-5:05PM | Bible Interp: Acts to Revelation (SCS 115) with Rev. Charli Tupper | |

IMPORTANT: About SEE Credit

Pay for credit directly through Unity Spiritual Institute, <u>uwsi.geniussis.com/registration.aspx?catalog=FC</u> **DO NOT include credit fees in payment to Unity of Mesa.**

| # of Courses Attending | | | | |
|---|------|--|--|--|
| Price for Course(s) | = \$ | | | |
| Amount Enclosed = \$ | | | | |
| (To pay by credit card, contact Moriah) | | | | |
| Balance Due by 2/17 = \$ | | | | |

(Some scholarships available contact Moriah@unityofmesa.org)

| | Price for Courses |
|---|-------------------------------|
| | (Does not include credit fee) |
| H | |

| # of <u>Classes</u> | Regular <u>Rate</u> | Early Bird Rate* | |
|------------------------|------------------------|------------------------|--|
| 1 | \$ 95 | \$ 75 | |
| 2 | \$ 190 | \$ 150 | |
| 3 | \$ 285 | \$ 225 | |
| 4 | \$ 380 | \$ 300 | |

- Early Bird rate must be paid in full, postmarked by Feb 3, 2019.
- If not paying in full, \$75 deposit to hold space. Balance due Feb 17.

LOVE OFFERING FOR INSTRUCTORS: Registration fees cover event expenses but only a small part of instructors' fees. To thank our teachers and hosts, LOVE OFFERINGS are taken the last day of class.

COURSE DESCRIPTIONS

SPD 120 Discerning Your Purpose (Rev. Charli Tupper: Feb 24-Feb 28, 6:45-8:45pm)

The spiritual path diverges in many ways. Discerning which path to take is both a reflective and an action-packed process. This course provides a process for challenging your thoughts and desires along with accountability steps to manifest that achievement. Students will explore their skills, abilities and spiritual gifts while discovering the 'next steps' for progressing to the desired outcome.

SPD 105 Meditation Practices: (Rev. Robert Brumet: Feb 25-Mar 1, 10-11:50am)

This course focuses on the practice and the experience of various forms of meditation. Benefits of the various forms of meditation will be explored as well as methods to deal with resistance to it. There will also be helpful tips for developing a regular meditation practice. Practicing the Silence, Unity's meditation practice, is fundamental and foundational to Unity teachings. Therefore, it will be the primary meditation practice for the duration of the course.

Required Text: *Meditation for Dummies, Book & CD* by Stephen Bodian; Additional Recommended Reading List will be emailed upon registration

SPD 110 Self-Awareness: (Rev. Robert Brumet: Feb 25-Mar 1, 1:15-3:05pm)

This is a survey course in the practical application of self-awareness and spiritual principles to promote and restore wholeness, balance, and optimal functioning in the student's life. We study various systems and techniques of self-awareness and explore the integration of spiritual principles into each of them.

Required Text: Living in Balance: A Dynamic Approach for Creating Harmony & Wholeness in a Chaotic World by Joel Levey and Michelle Levey; The Enneagram: The Definitive Guide to the Ancient System for Understanding Yourself and the Others in Your Life by Helen Palmer

Required Reading Websites: en.wikipedia.org/wiki/Meyers-Briggs; www.myersbriggs.org/my-mbti-personality-type/mbti-basics/the-16-mbti-types.asp.

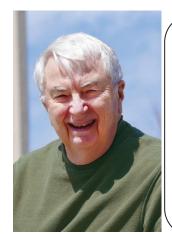
Additional Recommended Reading List will be emailed upon registration.

SCS 100 Bible Overview of Hebrew Scriptures: (Rev. Kim O'Conner: Feb 25-Mar 1, 1:15-3:05pm) The Hebrew Scriptures (known as the "Old Testament" in the Christian world) are the root of three major world religions - Judaism, Christianity and Islam. Hebrew Scriptures are a collection of fascinating and sometimes confusing stories, poetry wisdom sayings and inspired visions. Students will explore the history and development of Hebrew Scriptures, thereby acquiring a solid foundation for continuing study and exploration.

SCS 115 Bible Interpretation: Acts to Revelation (Rev. Charli Tupper: Feb 25-Mar 1, 3:15-5:05pm) Unity's "maieutic" and metaphysical approach to interpreting scriptures aims to help the interpreter cultivate self-knowledge and make contact with the Higher Spiritual Self commonly called "Christ within" and "Christ consciousness". Students discover inner spiritual meanings of Christian Scriptures (Acts through Revelation) as they continue to apply the Unity method of interpretation to Christian Scriptures, "the New Testament." Required Text: NRSV Bible Recommended: Metaphysical Bible Dictionary; The Revealing Word by Charles Fillmore

To request scholarship/reduced rates or if you are a Minister or L.U.T. looking to attend classes, contact Moriah at 480-892-2700 or moriah@unityofmesa.org.

MEET the instructors



Rev. Robert Brumet is a teacher, writer and spiritual director. He conducts a variety of retreats, seminars and classes that focus on meditation, self-awareness and spiritual development. Robert has presented his programs at over 150 churches and retreat centers throughout the US, Canada, and the Caribbean.

Rev. Robert was Chairman of Pastoral Studies at Unity Institute and Seminary, where he taught from 1989 to 2016. He is the author of four books and over a dozen magazine articles. He is a teacher of Insight Meditation with certification from Spirit Rock Meditation Center. He is also a Spiritual Director, with certification from Mt St Scholastica College. Rev. Robert was ordained a Unity minister in 1980 and has served churches in Indiana and Kansas. He has B.S. and M.S. degrees from the University of Toledo.

Rev. Kim O'Connor is an ordained Unity Minster and a graduate of the Ministerial Education Program at Unity Institute. She has served as Pastoral Care Minister at Unity of Sun City, Director of Pastoral Care Services at Unity Center of Hope in addition to serving as a Hospice Chaplain with the Banner Health system.

Rev. Kim has served as a supporting Minister for various Unity Churches in the Phoenix area giving Sunday talks and facilitating workshops. Currently, Rev Kim serves as Adjunct Minister at Unity of Phoenix where she supports the ministry by teaching many and various SEE classes. What inspires her most about Unity is that the Unity teachings empower, encourage, and support everyone to discover their own innate divinity and to live life more abundantly.





Rev. Charli Tupper served in various capacities at Unity of Prescott for 19 years, 11 as a minister. She entered Unity's Field Licensing program in 2005 and was ordained in 2009. During her tenure at Unity of Prescott, she served as associate minister, transitional minister, and co-minister. Her passion is teaching and facilitating processes through which students have a transformational experience and an experience of the Presence of God. She is currently supporting a variety of ministries throughout Arizona by speaking on Sundays and facilitating retreats. She also serves as a chaplain for Maggie's Hospice in Prescott.